

Let's take action!

April 1 – 7 is National Public Health Week. During this week, we will focus on public health topics and ways that we make a difference within our district. The American Public Health Association states that everyone deserves to live a long and healthy life in a safe environment. To make that possible, we need to address the causes of poor health and disease risk among individuals and within our communities.

Our mission is to promote and protect the health of people in Southeast Georgia, wherever they live, work and play, uniting with individuals, families and communities to improve and enhance their quality of life. So, during this week, let's celebrate the opportunities we have to raise the awareness that build healthier communities and a healthier nation by working together.

Southeast Health District Daily Themes

- Monday - **Healthy Communities**
- Tuesday – **HIV/STD Prevention**
- Wednesday - **Grant Activities within our District**
- Thursday - **Technology in Public health and Telehealth/Teledentistry programs**
- Friday - **Employee Wellness**

Learn more about National Public Health Week at <http://nphw.org/>.