

Men's Health Week

Men's Health Week June 13-19, 2005

Get the Message

Men's Health Week is observed the week leading up to and including Father's Day, and is intended to:

- **heighten** the awareness of preventable health problems.
 - *Georgian men can Be Smoke Free, Eat Healthy and Be Active.*
- **encourage** early detection and treatment of disease.
 - *Georgian men can Get Checked.*

"... men's health problems are not just men's issue. Because of its impact on wives, mothers, daughters, and sisters, men's health is truly a family issue."
Congressman Bill Richardson. May 24, 1994

Men's Health Resources

Office of Men's Health

www.menshealthoffice.info

Men's Health Network

www.menhealthweek.com

National Men's Health Conference

www.outreach.psu.edu/C&I/Men_sHealth/

World Congress on Men's Health and Gender

<http://www.wcmh.info/>

Get the Facts

Alarming statistics show that men's health is at great risk:

- Men die 6 years younger than women.
- Men are more likely to suffer from cancer, stroke, heart disease, depression, and suicide.
- Men suffer higher mortality rates for the top 10 causes of death.

The lives of men will continue to be threatened unless immediate action is taken to combat this growing crisis.

Get Involved

- **Encourage** the men you know
- **Support** your local men's health group
- **Advocate** for men's health

"Due to a lack of awareness, poor health education, and a paucity of male-specific health programs, men's health and well-being are deteriorating steadily"
Office of Men's Health



For more information
visit on Men's Health
Week visit

www.menhealthweek.com