

## Southeast Health District

"Keeping Communities Safe and Healthy"

1101 Church Street • Waycross, Georgia 31501  
Phone: 912-285-6010 • Fax: 912-284-2980  
[www.SEHDph.org](http://www.SEHDph.org)



## PSA

Rosemarie D. Parks, M.D., M.P.H.  
Health Director

FOR IMMEDIATE RELEASE

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For information, contact:  
Roger Naylor; (912) 338-5232  
[rwnaylor@gdph.state.ga.us](mailto:rwnaylor@gdph.state.ga.us)

## **\*\*Radio PSA\*\***

**Sponsor:** Southeast Health District and the Health Department

**Topic:** H1N1 flu (swine flu)

**Length:** 45 seconds

There is one confirmed case of H1N1 (swine flu) in Georgia, according to state Public Health officials. The Georgia Division of Public Health has stepped up its surveillance across the state in order to detect any other possible cases. The Southeast Health District and the Health Department and your local health department encourage residents to take the following precautions to help prevent the spread of any infectious disease, especially seasonal flu or H1N1 flu:

- Wash your hands.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Try to avoid close contact with sick people.
- If you get sick, stay home from work or school and limit contact with others to keep from infecting them.
- Avoid touching your eyes, nose or mouth. Germs spread that way.

This is a rapidly evolving situation and guidance should be considered interim and updated as necessary. The Southeast Health District will provide new information as it becomes available. For the most current information about H1N1 flu visit the Southeast Health District website at [www.sehdph.org](http://www.sehdph.org) or the CDC website at [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu).

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