

## Southeast Health District

"Keeping Communities Safe and Healthy"

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## NEWS RELEASE

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FOR IMMEDIATE RELEASE

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# More H1N1 flu confirmed in Bulloch County

A second Georgia Southern University student has tested positive for the H1N1 influenza virus, State Public Health Lab officials confirmed late Thursday. This is the second confirmed H1N1 case in Bulloch County and the Southeast Health District, which consists of 16 Southeast Georgia counties including Bulloch. The student, who lives off campus, is recovering at home.

Earlier this week, Public Health officials announced that a Georgia Southern University student as well as an individual who recently attended Georgia Boy's State camp at the University tested positive for H1N1 influenza. Both individuals are recovering. The camper does not live in Bulloch County or the Southeast Health District. None of the cases appears to be related, according to Public Health and Georgia Southern University officials.

These confirmed cases are not unexpected as the H1N1 influenza virus has been spreading in the United States and many other countries since April. H1N1 influenza is a respiratory disease of swine origin that does not normally infect humans; however, human infections do occur. The current strain spreads from human to human, causing symptoms often similar and/or milder to regular seasonal flu including: fever, lethargy, lack of appetite and coughing. Some people with H1N1 influenza also have reported runny nose, sore throat, nausea, vomiting and diarrhea. If you have any of these symptoms, please contact your local health care provider.

Bulloch County Health Department and Southeast Health District officials are working closely with Georgia Southern University. An investigation and response effort surrounding these confirmed cases are ongoing.

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Bacon  
Bacon  
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Bulloch  
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Coffee  
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In the meantime, the Bulloch County Health Department and the Southeast Health District encourage residents to take the following precautions to help prevent the spread of any infectious disease:

- Wash your hands.
- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
- Try to avoid close contact with sick people.
- If you get sick, stay home from work or school and limit contact with others to keep from infecting them.
- Avoid touching your eyes, nose or mouth. Germs spread that way.

The Southeast Health District will provide new information as it becomes available. For the most current information about H1N1 influenza and a current case count for the Southeast Health District visit [www.sehdph.org](http://www.sehdph.org). For other H1N1 influenza information, visit the CDC website at [www.cdc.gov/h1n1flu](http://www.cdc.gov/h1n1flu).

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